

essentials



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en rewarded for far less but reformed smokers can find hard-won victory for all to admire, by way of smoking sign nailclips, cufflinks, bracelets, rings and Parisian designers N2. Smellybreaths still in mortal coil the evil weed can also give it a burr – accessory therapy is untested but no one likes to be called a hypocrite. \$60, from Lola Et Moi, Balmain, 9610 1391.



Eat, drink and be stitching

The warm spring days are ripe for outside entertainment. And if you make the Vegemite sandwiches and green cordial, a French-Australian outfit called Mobilet can provide something to sit on – a quilted picnic rug appliqued with a map of Sydney's coastline. It comes with a needle and thread, too, for cross-stitching sessions after lunch. www.supermobilet.com.

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Moveable feast

The littlest person in the house may need no more than milk and a little space in the sock drawer but it is a strong parent who can resist the bells and whistles of all-terrain prams with cup-holder extensions. Enter the Lifestyle Interaction collection by Bertini, a pram, bassinette, rocker, stroller and high chair in one. The multi-function infant transport-sleeping-feeding system costs about \$1500 and can be upgraded with optional accessories such as toddler seat and mini skateboard. Wireless internet access can't be too far away. Inquiries, 1300 809 526.

Beauty scrutiny

The beauty business is under scrutiny after a Melbourne woman developed a terminal melanoma, which she blamed on her visits to solariums. But has anyone been to a nail bar recently?

In Texas there has been a crackdown on hygiene practices since a woman died last year from a staph infection after a pedicure, reports the Fort Worth Star-Telegram. The state government passed a bill stipulating that metal instruments used in salons be sanitised.

"Cosmetologists" have been hit with fines of up to \$US10,000 (\$12,225) for violations such as leaving applicators standing in wax and not using fresh towels between clients.

In NSW, beauticians are governed by similar regulations but these are rarely enforced, says Coleen Shaw, the executive officer of the Advanced Association of Beauty Therapists. "Equipment needs to be sterilised by autoclave but it doesn't say it has to be on the premises. They are expensive, but I wouldn't dream of going anywhere that doesn't have one."



SHOPPING fun stuff

All the must-have buys for your new arrival

Shopping for Baby

FIVE IN ONE

Imagine a pram that turns into a carrycot, bassinette, rocker, high chair and stroller. Sounds too good to be true, doesn't it? Well, check out the Bertini Lifestyle Interactive Collection – this stylish piece has all five essential items in one pram. You can also mix and match styles and colours to suit your lifestyle, all starting from \$1117.

PURE BY NATURE

WE'RE JUST LOVING AVADO'S RANGE OF BABY SKINCARE PRODUCTS. AS IT'S ENRICHED



Just add baby

All of baby's needs taken care of. The Bertini pram turns into a carry cot, bassinet, a rocker, high chair and stroller. The Bertini Lifestyle Interaction Collection frame, seat and bassinet is \$1117. The additional extras to complete the set are the multi-function stand and rocker, which cost \$378. The unit comes in blackberry, cherry, lime, tangerine and blueberry. For stockists and more information, phone 1300 809 526.



The humble hanky has undergone a renaissance with these screenprinted and embroidered limited-edition creations. Artkerchiefs, \$32 each, from Third Drawer Down.



TEST YOUR POWERS OF RECALL WITH THE MARIMEKKO MEMORY GAME, \$54. FROM STEM GIFTS.



Vitra Nelson Ball clock, \$443, from Formafurniture



vision with vibe
The playful new-look TVs from Hansres come in every shape from big, bold fruit to giant fluffy toys. Hansres Apple 25cm LCD TV, \$689, from Myer.

Cluster lamp, \$440, by Moodi from Space Furniture



hi-fi fashion
Cool and colourful, these funky speakers are for showing off. BeoLab 4, \$1900, from Bang & Olufsen.

fun & function

Gadgets and goodies to please big and little kids alike



EXPERT'S CHOICE

Designer Matthew Sheargold gives his three picks:



1 Vessel Candela lamps, \$176 for a set of four, from top3 by design



2 Jaime Hayon candelabra, from \$3583, from KE-ZU



3 bernaibfreeman Brodie table, \$2629, from Living Edge

baby boom

We love the latest products for tiny people. Below: Bonds' new Bed and Home range includes this cute pillow and quilt set, \$69.95, from Myer. Right: the Xplory, \$1900, from Stokke at Exqtra, transforms from stroller to high chair at the touch of a button.



If you need a mobile phone and compact office in one, look out for the M600i, \$799, from Sony Ericsson.



Matthew Sheargold's bright Zip pods, \$698 (left) and \$1285, from Living Edges, make furniture fun.



Everyone in the house can personalise their packing with these lunch boxes. Fab five, \$50.45, from Tupperware.



Fisher-Price Kid-Tough Digital Camera, \$149.99

Trilogy Everything Balm, \$34.95

Phil&Teds Me Too Chair, \$59.95

Bambini Pronto 2-in-1 Harness Buddy, \$34.95

BobbyBjorn Baby Carrier Ak, \$169.95

Stuck On You Bag Tags, \$5.95

Kid Squidgy, \$19.95 from Annabel Trends

Stuck Travel \$44.95 Babe

Kipis B&B Clips, \$15.95

Quincy Zapp Stroller, \$395

To find out where to buy these products go to page 156

Q Have you discovered the baby's sex?

A Lauren We want it to be a surprise. There are so few surprises left in life, you have to make the most of them. Mind you, I am curious. I'd like to set up a nursery in the appropriate colour. I want to know and don't want to know at the same time.

Q Would you prefer a girl or a boy?

A Lauren I don't mind, we will be happy either way. Eventually we'll have both.

Matt That's the plan anyway, even if we have 19 boys first!

I started off wondering what the baby is going to be or do. But then I went right back to basics. I just want it to be healthy and happy.

Q Any names in mind?

A Lauren We have a few we like, obviously, but we'll wait until we see the baby.

Q Will it be called Bert, if it's a boy?

A Lauren [Loud giggles] I just found this label for babies - really cute stuff - called Bertini. So the baby will be decked out in everything Bertini, and that will have to be enough for Dad.

Matt It had better be!

Q What sort of grandparent will "Moonface" be?

A Lauren I don't know what Dad's speciality is going to be; perhaps walking to the park and watching old movies with the baby. He's not going to be

"Granddad", he's "Poppy". We keep saying it to him now.

Matt At first he didn't respond to Poppy, but now he loves it.

Q And how about dancing grandmother Patti?

A Lauren One reason Mum decided to do *Dancing With The Stars* was to get fit, so she could chase after her grandchild. For 34 years, everything she's done has been for Dad or Matthew or me. This is the first thing in a long time that's just for her. It's great that people are seeing how much fun she is. She's

past. We are very into family traditions, like getting married at the same church as my Mum. Mum has given us gifts made for her when she was pregnant, like the beautiful crocheted Christening gown I wore. Luckily it's white bows, although I did then on it apparently.

Q Do you hope to see the Olympics, Matt?

A Matt It's still a long way away and anything can happen. I just have to make sure I keep on it and look

I PHONED THE SAME OBSTETRICIAN WHO DELIVERED ME AND MY BROTHER

keeping up with the younger ones. We're really proud of her.

Q What talents do you hope to pass on?

A Lauren There will be singing lessons from Nan Patricia! Matt will throw it into the water and teach it to swim. My brother Matthew is so excited to be an uncle, he's going to be in charge of arts appreciation and acting. And I've started playing music to my stomach!

Q So you plan to keep up the family traditions?

A Lauren As soon as I found out I was pregnant I phoned the same obstetrician who delivered me and my brother. It's nice to have that link with the

myself, as well as Lauren, especially now I'm making a baby on the way, I should probably grow up and get a job. I don't have any more to prove. But I've still got a lot to contribute. I recently set a personal best in the 100m backstroke, but I'm competing against people half my age.

Q And will baby go to Beijing?

A Lauren I'd love to be there to tell the baby that there to watch Dad swim. I won't know until the time comes. If I do go to Beijing, I'll talk Mum into coming with me.

BY JENNY

