

price) is a fine accompaniment. While my mother's fish and chips are more than adequate, as she begins eating she wishes she had tried something more adventurous, perhaps the housemade gnocchi with roasted pumpkin, peas, spinach, garlic, sage and parmesan (\$20.50). She'll know better next time. The duck is fancier, quite different from the usual

Open for breakfast and lunch, seven days. Dinner, Wednesday to Sunday.
Cost: About \$120 for two, for three courses and a bottle of wine.
Drink: There's a small but well-chosen wine list, with quite a few choices in the \$30-\$40 range.
Reason to return: For a breezy summer lunch on the balcony with the chocolate soufflé to finish.

SPOILS WHIP WITH GRIP

MAURO Felici knows what is needed in the kitchen. A chef of 15 years standing — he began his career at Pellegrini's in Melbourne and is now head chef with Simply Sensational Catering in South Caulfield — Felici has come up with an ingenious idea for cooks with only one pair of hands.

Made of non-porous, high-quality, food-grade silicone, Felici's Sticky Bowl is a shallow container rather like a deep saucer (approximately 5cm deep by 12cm x 14cm), which clamps onto a cooking surface and holds other vessels securely inside. It is designed to accommodate different-sized bowls and comes in one rich colour, blue.

Stirring sauces, cake mixtures, pastries and emulsions — the list is long — energetic spoon work can end in tears or worse. Imagine a bowl full of glossy handmade mayonnaise, after 20 minutes' vigorous whisking, sliding off the work bench.

And it will no longer be necessary to sit on the kitchen floor, bowl cradled between knees, to beat up that next batch of choux pastry. Felici's invention is also useful for securing the bowl when using a hand-held electric mixer.

The Sticky Bowl adheres to any smooth surface; simply press firmly in the centre, then place your mixing bowl on top and press again to secure suction.

It is completely food safe, won't trap odours and is heat resistant.

Once your work is done, simply twist the lever to release the bowl and transfer it directly to the dishwasher; it withstands temperatures of up to 250C.

This Australian invention won the judges' vote and the people's choice award on ABC program *The New Inventors* in April.

Sticky Bowl is available online for an introductory price of \$24.95: www.stickybowl.com.au.
 Judith Elen



111 Sign: ABBY 31/12/07 (Only Proof)
 Exam: 3/07/21/01 01 at Lvl 1, 120 Pacific Hwy
 Durbin, 01 01/04/04 St. Sydney, NSW 2000.

ERN EUROPE
near Enchantment Cruise



various six acres

45 daisy hill court
 daisy hill



properties to sell

- hurry!!!

it that listens

The new flight will whisk Victorian travellers to the tranquil, pine-clad isle in

range of tours profiling Norfolk's convict heritage and status as home of the descendants of the Bounty mutineers.

No hands make for light work

Sticky Bowl is an ingenious invention designed by Australian Chef, Mauro Felici to stick mixing bowls to benches. If you need to mix or emulsify fast and you have no one else to help you, then Sticky Bowl is the perfect assistant!

You can use it from preparation to garnish. Its also great to use with a handheld electric mixer.

Simply place Sticky Bowl on any smooth surface and press in the centre so that it sticks to the bench. Then place a bowl on top and press to secure suction. When you are finished you just twist the lever to release the bowl and pop the Sticky Bowl straight in the dishwasher, all too easy.

The Sticky Bowl can accommodate many different sized bowls and is completely food safe and heat resistant. Made from non porous high quality food grade silicone, it wont



The new Sticky Bowl invention is the perfect assistant.

trap odours and can withstand temperatures of up to 250 degrees.

Featured on the ABC show, *The New Inventors* in April 2007, Sticky Bowl won the judges vote and the Peoples Choice Award.

So, for an extra hand in the kitchen, you can buy a Sticky Bowl for the introductory price of only \$ 24.95 online at www.stickybowl.com.au.

handy helper

Often in the kitchen it seems you never have enough hands and choosing a bowl around on a slippery benchtop while trying to mix up a culinary delight is one thing you can do without. And that's exactly what inspired Australian chef, Mauro Felici to invent the Sticky Bowl – a suction device made from non porous high quality food grade silicone. You simply place Sticky Bowl on any smooth surface and press in the centre so that it sticks to the bench. Then place a bowl on top and press to secure the suction. When you are finished, twist the lever to release the mixing bowl and Sticky Bowl can go straight into the dishwasher. This ingenious invention is Australian-made and recently won the People's Choice Award on the ABC's New Inventors program. [•]

www.stickybowl.com.au



:: stick it

new stuff that has landed in our office this month.

& Friends
Learn
flash-cards
for ages
RRP
available at
all retailers.



Dream Baby De-humidifying Dry Egg removes excess moisture from baby's environment. RRP \$29.95, call (02) 9386 4000 for stockists.



Inika M
Pure, natural
great for
two months
www.inika.com.au
for stockists.



Sticky Bowl Holds a mixing bowl to the kitchen bench – perfect for little hands not yet able to grip. RRP \$19.95, available online at www.stickybowl.com.au.

Jumbo Ugg Boots
Chesterville Rd, Moorabbin
Ph/Fax: (03) 9532 5552
Free delivery Australia wide

KITCHENS made-to-measure

bench
storage
styles
features
members
choice
experience
kitchen
\$\$\$\$\$!



Smith & Smith
Cabinet Makers
5 Riversdale Road,
Camberwell
Phone 9836 9444
open
week 10am – 5pm

and field athletes and athletic wannabes. But the shoe's re-release is all about fashion and it comes in a range of bold colours. The range offers versions for men and women and sells for \$110-\$150. Phone 1800 654 512 for local stockists.

Firm help for cooks

ASPIRING chefs and anyone with a passion for cooking will love the new Sticky Bowl. Forget the days of wrestling mixing bowls with a spare arm, the product grips the bowl to a secure surface, allowing two free hands for pouring and stirring. It's heat resistant and dishwasher safe and is Australian owned and made. Designed by Aussie chef Mauro Felici, who is head chef at Simply Sensational Catering in South Caulfield, Sticky Bowl won the judges' vote when it featured on the ABC's *New Inventors* in April. The Sticky Bowl costs \$24.95 and is available on the internet at www.stickybowl.com.au



Got something to share with readers?
SMS us on 0402 967 387 or email
theleader@leadernewspapers.com.au

WARDROBES

Award Winning Family Business

From the company that specialises in wardrobes

Custom designed & built to suit your requirements, built-in/free standing period style, hinged or sliding doors. Existing wardrobe renovations & extensions.

Guaranteed quality materials & workmanship.

Also available:
• Wall Units • Bookshelves
• Desks & Computer Stations
Best Value for Your \$\$\$

Almara

THE WARDROBE SPECIALISTS

9793 8233

www.almara.com.au

46MPW8754225CP107